

## PROFESSIONAL ACTING RESUME



# Natalie Tyne Souders

## CONTACT

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<https://nataliesouders.com/>  
(website in progress)

## DETAILS

**AGE RANGE: 33-40**

**AGE: 39**

**HEIGHT: 5' 10"**

**WEIGHT: 155LBS**

**MEASUREMENTS: 31/30/37**

**LOCATIONS: MD/VA/PA/WV/DC**

## SKILLS

Professional Therapist as my career  
Athletic and Sports Related Roles  
Stand-in Roles  
Freeze Modeling  
Trained in Horseback Riding

## ACTING EXPERIENCE – TELEVISION AND COMMERCIAL

House of Cards Season 6, Stand in - **SAG role**

Frederick Health Dept **Commercial**

Home Genius Exteriors- Homeowner **Commercial**

Homestead Gardens- **Commercial**

House of Cards Season 5, episodes 11 & 13 White House Aid

Copy Cat Killers: Season 2, episode 10: Fear Fire fighter

The Perfect Suspect: Season 1, episode 6 Carol Hooker (lead role)

Who Killed Jane Doe? Season 2, episode 4 Carnival mom #2

For My Man: Season 4, episode 15 Vanessa Claude (lead role)

True Conviction Season 2, Episode 3 Bar extra

American Crime Story (Impeachment): Episode 7 Reporter

Lioness: Season 1, Episode 1 Women's shelter

Spinsters Movie: Pedestrian, background

They Fight Movie Spectator, background

## PODCAST HOST

### **MENTAL HEALTH & ME**

June 2023- Present

<https://podcasts.apple.com/us/podcast/mental-health-me/id1695485655>

### **DATING APP DISASTERS**

April 2026- Present

<https://podcasts.apple.com/us/podcast/catfish-red-flags-and-feet/id1890156165?i=1000758830751>